

Continuing the pregnancy

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Objectives for the day

- Discuss possible referral pathways within your area.
- Learn from each other - practitioners and services that you can use - networking
- Identify areas that may need improvement

Antenatal Care

Initial presentation

- L.N.M.P. (dates)
- Obstetric, menstrual history
- Signs and symptoms of pregnancy
- Pain/bleeding-need for medical assessment
- Diet
- Exercise
- Drug use
- Smoking



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Sexual & Reproductive Health
Care. Education. Advocacy.

Antenatal care

- Folic Acid
- Bloods- ? Initial screen or will be done a GP or hospital
- Listeriosis
- Opportunistic STI testing - Chlamydia
- Risk assessment - ? HEADSS

- Discussion re birthing options in your area
- For example - shared care, midwife care, home birth, private or public care.

Referrals

- Discussion and referral to a GP
- Explanation of maternity options
- Private or public
- Support services ie: youth services, drug and alcohol services, social workers
- The midwifery services will likely offer above services
- Opportunistic early pregnancy information, education