

**The Hormone Factory Website  
And Other Adventures In Primary  
School Sexuality Education. Or,  
What Is Age-Appropriate Sexuality  
Education For 10 To 12 Year Olds?**

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- Welcom



- Age-appropriate, relevant education for 10 to 12 year old children is largely concerned with what's happening RIGHT NOW, as well as just around the corner.
- We want them to know how to ask questions about growing up and bodies and relationships from appropriate sources. It has also become increasingly relevant to give children a chance to critically reflect on the way sexuality is used and portrayed in various forms of media. (And, how babies are conceived and born).

# Normalising puberty.



**WHAT'S HAPPENING TO ME!!**

**BOYS' BITS**

**FACT FILE**  
 Boys have sex bits inside and outside of their bodies. No-one's sex bits look exactly the same. More...

- bladder
- tubes
- urethra
- penis
- scrotum
- testicles
- anus



**WHAT'S HAPPENING TO ME!!**

**GIRLS' BITS**

**FACT FILE**  
 The girl's parts can be hard to see because they are between her legs. The area between her legs covering her sex bits is called the vulva. More...

- breast
- fallopian tubes
- uterus
- ovaries
- vagina (outside, inside)
- clitoris
- labia
- urethra
- anus



HOME

# WHAT? DO YOU THINK?

Top topics

Baby making

My body

Sex stuff

Feeling good,  
feeling bad

## Top topics

Its embarrassing to learn about bodies.  
Boys and girls can't be friends.  
Good friends should never fight.  
Getting your period is exciting.

I AGREE

I DON'T  
AGREE

I DON'T  
KNOW

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I AGREE

I DON'T  
AGREE

I DON'T  
KNOW

LETTERS

Answered  
question will show  
up here.  
There are no featured  
questions at this time



HOME

INTRO

How are babies made?

Pregnancy

Not Making Babies

Making a Family

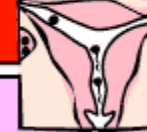
# MAKING BABIES

## HOW ARE BABIES MADE?

### FACT FILE

To make a baby, you need one egg (or ova) from a female, and one sperm from a male. An egg is a special cell in the female's ovaries. [More...](#)

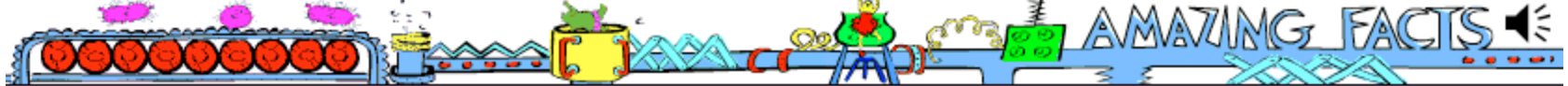
Click the white dots to follow a path - to make a baby, or not make a baby



TRY AGAIN

HAVE I MADE A BABY?

### AMAZING FACTS





# What Is Age-Appropriate Sexuality Education for 10 to 12 year olds?

- While some children have begun puberty at age 9 and others won't start for a few years, by the ages of 10 to 12 a type of cultural revolution, prompted by puberty, has begun.
- Using participatory teaching methods that build on children's input are possibly our best chance of making sure the lessons respond to and are respectful of kids' different experiences and their family's beliefs and concerns.
- UNESCO's *International Technical Guidance on Sexuality Education* 2009 and the Sexuality Information and Education Council of the United States *Guidelines for Comprehensive Sexuality Education* 2004.
- In a nutshell, these documents tell us that children are not blank slates when it comes to sexual development, waiting to 'become sexual' at some magical age or developmental point. It's a part of our children, like personality. There from the start. But we can provide learning experiences that help children understand their own sexual growth and the feelings and complicated social effects that go with it.

# Ahem, what is sexuality?

*Catching On Early* restricts itself to easily identifiable outcomes. By Year 6, all children:

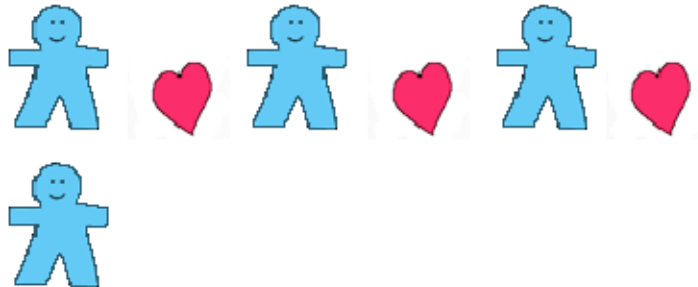
- are able to name the parts of the body and understand how they work
- have practice at talking and asking for help about feelings, relationships, and their bodies
- are prepared for puberty
- understand how babies are conceived and born.

Uh oh

## Heterosexuality & Homosexuality

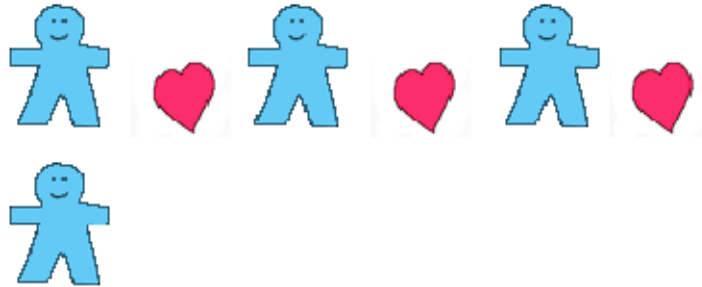


You may have heard the word 'heterosexual'. It means a person who likes people of the other sex, in a sexual way. That means, men who love women, or women who love men, not just in the way friends love each other, but in a sexual way.

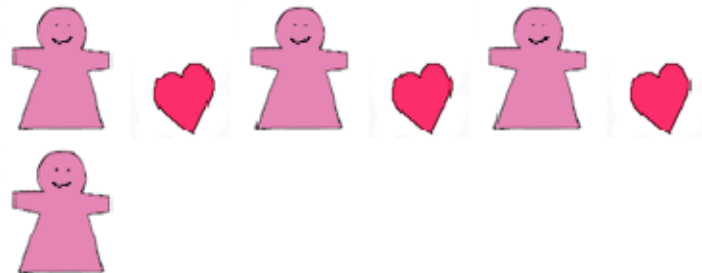


A 'homosexual' is a person who likes people the same sex as them in a sexual way. That

who love them, not just in the way friends love each other, but in a sexual way.



A 'homosexual' is a person who likes people the same sex as them, in a sexual way. That means, women who love women, or men who love men, in a sexual way. Another word for homosexual is 'gay', or when talking about women, 'lesbian'.



Termination

<http://www.thehormonefactory.com/infopageOverlay.c>

## Termination

Sometimes people find they are pregnant and do not want to have a baby.

They might decide to go to a doctor and have an operation to end the pregnancy. This is called a **termination**, or an **abortion**.

Having a termination is a hard decision to make, and can be very sad.

- Home education will always be the most important source of learning.
- School-based education adds something different and important to what children learn from home. It ensures there is a place for guided discussion and learning *among their peers*, about the sexual components of their interactions with the world.
- The Hormone Factory is a tool for home and school and hopefully provides:
  - safe conditions to get information and check beliefs and myths;
  - comfort in knowing that puberty and the associated obsessions and highlights are not abnormal, but universal;
  - an acceptable public language to discuss sexual matters, and practise at asking questions, seeking information and getting help.