

Victorian Rural Clinical Network – Meeting Summary

Meeting Date: September 2019

Meeting Agenda: Dr Paddy Moore from The Women's led the discussion around key clinical considerations, rural perspectives and professional development opportunities. Topics covered were:

- **Prior to medical abortion, should we be routinely testing asymptomatic women for bacterial vaginosis?:**

Good practice to offer minimum routine screen for chlamydia and BV for asymptomatic women and pregnant people prior to medical abortion.

Further screening based on risk assessment, consider also particular at risk groups such as women under 30 years, people who inject drugs, Aboriginal and Torres Strait Islander people, those with a recent partner change, and local epidemiology.

Treat symptomatic BV to reduce the risk of post abortion PID.

Treat asymptomatic BV in the presence of any positive STI result.

Not necessary to wait for pathology results before commencing MS2Step.

- **The role of pharmacists in supplying MS-2 Step medication:**

Good practice is to develop a working relationship with the local dispensing pharmacist to ensure MS2Step is available as required.

Prescribing services have reported the dispensing pharmacist request certain conditions and restrictions around dispensing MS2Step, such as witnessed administration or timing of first dose. However there is no requirement for supervised administration of MS 2step as per Product Information and MS2Step training. MS2Step product information advises administration 2 hours before or 2 hours after a meal, however there is no data available on the effect of food intake on the absorption of mifepristone or misoprostol (MSHealth 2017).

[RANZCOG guideline](#) states support the option for self-administration of misoprostol for women or pregnant people who prefer this. In addition, to have a support person present at least until the conceptus has passed and who is able to assist in accessing emergency care as required.

Reference:

MSHealth 2017, *MS2Step full prescribing information*, MIMS retrieved 18 July 2018.

MSHealth 2014, *Medical Termination of Early Pregnancy with MS-2 Step (mifepristone, misoprostol): Training Manual*, MSHealth, retrieved 18 July 2018.